







INSigHT
Building Capacity to
Deal with
Human Trafficking and
Transit Routes in
Nigeria, Italy, Sweden

REHABILITATION WORKSHOP FOR PROVIDERS SERVING SURVIVORS OF HUMAN TRAFFICKING

January 14-15, 2021

AGENDA

Day 1: Thursday, January 14

8:30am **Registration** 9:00am **Welcome** (*PJI*)

9:10am Introduction to the Action (*IUAV/PJI*)9:20am Group Introductions (1 minute each)

- Answer questions:
 - Name + Organisation/Title or Role
 - What region does your organisation work?
 - Demographic/population serve?

10:00am Survivors' Panel (3 PJI Survivors)

11:00am:**Summary of Survivors' Panel** (Coffee/tea available)

11:10am:Training Session I: VoT Identification and Protection (Barrister Aigbeze Uhimwen, IOM)

11:40am:Training Session II: The Import of Trauma on Survivors (Dr. Kemi Akintoyese)

12:40pm:Session III: Break Out/Group Session: Best Practices for Trauma Informed and Survivor Centered Care

- Best practices for trauma informed care for three target beneficiaries (choose by area of expertise/interest): (i) men; (ii) children (18 and under); (iii) women (with PJI facilitators)
- Please nominate one member of your group to provide feedback on three (3) of the following questions to the larger group post break-out session.
- Questions to discuss in groups by thematic area (please focus on three of the four)
 - How are your organizations structured to be trauma- informed and survivor centered?
 How are they reflecting trauma-informed, survivor centered care?
 - What have you found to be good, trauma informed/survivor centered practices that are working well? Can you share any learnings or innovations that have emerged?
 - What does your organization need to be more trauma-informed? What are your pain points in endeavoring to utilise trauma-informed/survivor centered care?
 - How does your organization handle extreme cases of trauma (e.g. suicidal ideation, physical aggression, inappropriate behaviors, etc.)?

1:45pm: Collective Group Discussions from Session III

Each group presents results/feedback of Break Out Session III (15 minutes per group)

2:30pm: Training Session IV: Mental Health and Psychosocial Support for Survivors; Holistic Programmatic Activities for Survivors (*Pearl Osamudiame, IOM*)

3:30pm Lunch + Networking

4:00pm Training Session V: Sheltering, Reintegration and Economic Empowerment

- Sheltering (4:00pm -4:30pm): Bosede Jimoh, NAPTIP Lagos Command
- Reintegration and Economic Empowerment (4:30pm 5:30pm): (Pearl Osamudiame, IOM)

5:30pm Announcements/Closing









Day 2: Friday, January 15, 2021

9:00am Welcome

9:10pm Recap of Day 1

9:20am Training Session VI: Addressing and Overcoming Survivor Setbacks and Challenges (Dr. Kemi Akintoyese)

10:30am:Training Session VII: Effective Communication Skills for Service Providers (with demonstrations) (PII)

11:30am:Training Session VIII: Vicarious Trauma and Self-Care for Service Providers (PJI)

12:30pm:Break Out/Group Session IX: Challenges to Self-Care and Best Practices for Combatting Vicarious Trauma

- Please choose from one of the following three groups based on your roles (Executive Director/HOD, Program Director/Manager or Case Worker/Social Worker)
- Please nominate one group member to provide feedback to the larger group post breakout session based on responses to the following three questions.
- Questions to discuss in groups by thematic area (with PJI facilitators)
 - What have you identified as the challenges to self-care for you personally? For your organisation?
 - What have you found to be the implications of the failure to address vicarious trauma in the workplace or at your organization?
 - Best practices for combatting vicarious trauma and implementing self-care?

1:15pm Presentations of Self-Care Solutions by Groups

Each group presents results/feedback of Break Out Session IX

10 minutes each

1:45pm: Collective Group Discussion: Collaboration and Impact

- What are the potential gaps and areas of collaboration (between CSOs and Donors/CSOs and Government/CSOs and other CSOs)?
- What do you each need to more be impactful/cohesive in your work? Pain points?

2:15pm Closing Remarks; Surveys Distributed; Lunch + Networking